



Glacier Camp- What To Bring To Camp- ABC (OUT BOUND) Camp

CLOTHING:

- 7 Shirts or T-Shirts (must cover bra straps for Ladies and sides of the body for Guys)
- 4+ pairs of shorts (mid-thigh or longer)
- 3 pairs of long pants or jeans
- Swim suit (Ladies: 1 piece Guys: Swim trunks. NO speedos)
- Rain coat or poncho (It can snow in June in Montana)
- Jacket
- Sweatshirt(s)
- 3 pairs of shoes (hiking boots or study shoes that tie, sturdy sandals & shower shoes)
- Underwear
- Socks (Way more than you think you need)
- EXTRA SOCKS AND UNDERWEAR

Bedding:

- Sleeping bag
- Pillow
- Hammocks (optional)
- Sleeping pad or air mattress (optional)

Toiletries:

- Washcloths
- 2 towels (Swim and Bath)
- Soap
- Shampoo
- Toothbrush and Toothpaste
- Deodorant- please
- Comb or brush
- Sun Screen- plenty

Equipment:

- Flashlight with extra batteries or headlamp
- Water Bottle
- Notebook
- Sun Glasses
- Hat or Bandana(s)
- Bible
- Insect repellent
- Compass

Prohibited Items

- Knives, Axes, or Weapons
- Personal Stereos or MP3 Players
- Electronic Games
- Cell Phones
- Snacks and Candy
- Fans
- Over Counter Medications (that won't go to the health administrator)
- Swimming Toys

Tips To Consider

- 1) Put your name on EVERYTHING!
- 2) If you would be upset if an item got lost or broken, don't bring it.
- 3) Open toed shoes or sandals are not appropriate for some areas of camp.
- 4) Be prepared for rain, including bringing an extra pair of shoes.
- 5) Try to pack everything in 1 pack or duffel.

If you have any questions on what to bring or what not to bring just give us a call at the office at 406-844-2114 or email at info@glaciercamp.org.